



## Erasmus Students Handbook – Useful Information

### Booking a flight

More than 30 Airlines, operate scheduled flights to and from Cyprus through Larnaca international airport (5 km from Larnaca town center) and Pafos international airport (15 km from Pafos town center).

For Asian students, most airlines fly first to Dubai, Bahrain, Kuwait, Amman, Cairo, Damascus or Moscow and then transfer to another flight for Larnaca airport. For students coming from Africa there are flights to Larnaca through Cairo, Dubai or European countries like UK, France, Italy, Germany, Switzerland. For students coming from Europe there are direct flights to Larnaca airport from almost all European countries.

It is advisable that the students arrive in Cyprus during the daytime, when it is easier to be picked up from the airport.

### Pick up service

If you would like to receive the College's pick up service (€50), you need to provide the College with all the necessary flight details (arrival date, arrival time and flight number) at least 1 week in advance. You should aim to arrive, whenever possible during the College working hours (Monday to Friday, 08:00 – 18:00) so the college can assist you in your accommodation requirements. For more information contact [accommodation@ac.ac.cy](mailto:accommodation@ac.ac.cy)

### Taxi to Nicosia

If you have asked the College to provide you with a pick up service, then once you leave the customs control area you should look for a sign with your name on.

If you are not expecting anyone to pick you up, you can hire a taxi once you have gone through the customs control area. At Larnaca airport you can hire a taxi at any time of the day or night throughout the year. The ride to Nicosia, where the College is located, will take approximately 40 to 50 minutes depending on traffic. The fare is about €38 - €43 depending on the time of day you arrive (all taxis have a taximeter) and can be shared among passengers (if more than one).

If you arrive in Nicosia during College working hours (Monday to Friday 08:00 to 18:00) you are advised to visit the College in order to receive further assistance. The address and the telephone number of the College are:

Address: American College, 2 & 3 Omirou Avenue, Eleftheria Square, Lefkosia.

Telephone: 00357 22661122

If you arrive in Nicosia outside College working hours and you have not made any accommodation arrangements, you are advised to go to one of the hotels as described in the Housing and Accommodation section. It is wise to stay at the hotel and visit the College on the next working day.

### **Housing and Accommodation**

Accommodation is usually arranged in private flats or apartments. When students arrive in Cyprus they usually find temporary accommodation for a few days (they stay in a hotel or with other students) until suitable accommodation is found. The Accommodation Office, which is part of the Office of Student Affairs, will give you the guidance you need to find suitable accommodation. The Accommodation Officer will gladly assist you to find the appropriate accommodation through a network of real estate agents. Apart from that, notices of available flats or apartments are posted on all college notice boards. Also, one of the best sources to find suitable accommodation are in fact old students who might know of available flats or are looking for roommates themselves. Rent, as well as living expenses, varies according to the life-style of each student. The lease for most housing is a minimum of twelve months and rent rates range from €120 to €427 per month depending on your requirements and the condition of the apartment. These rates do not include water, electricity or heating charges.

Upon arrival to Cyprus, students who have not yet found suitable accommodation are advised to spend a few nights at one of the following hotels/ Residences:

#### **Elysium Capital Residence**

10 Samos Str. Agii Omologites

Telephone: 22454624

Fax: 22454625

E-mail: [info@elysiumcr.com](mailto:info@elysiumcr.com) Web: [www.elysiumcr.com](http://www.elysiumcr.com)

Single Room: €25 per night, €150 per week, / Double Room: €40 per night, €250 per week

#### **Asty Hotel**

12 Pringipissis Annis Street, Agios Dometios, Lefkosia

Telephone: 22773030

Fax: 22773311

E-mail: [asty.hotel@cytanet.com.cy](mailto:asty.hotel@cytanet.com.cy)

Single Room: €45 (including breakfast) per night / Double Room: €65 (including breakfast) per night

#### **Castelli Hotel (200 m. from American College)**

38 Ouzounian Street, Lefkosia

Telephone: 22712777/22712888

Fax: 22675394

E-mail: [hinnicres@cytanet.com.cy](mailto:hinnicres@cytanet.com.cy)

Single Room: €65 (including breakfast) per night / Double Room: €75 (including breakfast) per night

**Classic Hotel** (200 m. from American College)

94 Regaena Street, Lefkosia

Telephone: 22664006

Fax: 22670072

E-mail: [reservations@classic.com.cy](mailto:reservations@classic.com.cy)

Single Room: €73 (including breakfast) per night / Double Room: €89 (including breakfast) per night

**Cleopatra Hotel** (700 m. from American College)

8 Florinis Street, Lefkosia

Telephone: 22844000

Fax: 22844222

E-mail: [info@cleopatra.com.cy](mailto:info@cleopatra.com.cy)

Single Room: €85 (including breakfast) per night / Double Room: €95 (including breakfast) per night

**Centrum Hotel**

15 Pasikratour Street

Eleftheria Square, Lefkosia

Telephone: 22456444

Fax: 22873560

E-mail: [info@centrumhotel.net](mailto:info@centrumhotel.net)

Single Room: €65 per night (including breakfast) / Double Room: €75 per night (including breakfast)

**Delphi Hotel** (150 m. from American College)

24 Costaki Pantelidi Street, Lefkosia

Telephone: 22665211

Fax: 22675678

E-mail: [contact@delphihotel.eu](mailto:contact@delphihotel.eu)

Single Room: €35 per night (no breakfast) / Double Room: €45 per night (no breakfast)

**Europa Hotel**

16 Alkaios Street, Engomi, Lefkosia

Telephone: 22692692

Fax: 22664417

E-mail: [info@europahotel.com.cy](mailto:info@europahotel.com.cy)

Single Room: €65 per night (including breakfast) / Double Room: €75 per night (including breakfast)

**Holiday Inn** (200 m. from American College)

70 Regenis Street, Lefkosia

Telephone: 22712777/22712888

Fax: 22673394

E-mail: [hinnicres@cytanet.com.cy](mailto:hinnicres@cytanet.com.cy)

Single Room: €95 per night (including breakfast) / Double Room: €110 per night (including breakfast)

**Royiatiko Hotel** (200 m. from American College)

27 Apollonos St, 1010 Nicosia

Telephone: 22445445

Fax: 22660016

E-mail: [hotel@royiatikohotel.com.cy](mailto:hotel@royiatikohotel.com.cy)

Single Room: €75 (including breakfast) per night / Double Room: €100 per night (including breakfast)

Note: You are advised to call your preferred hotel and make sure there is a room available before going there.

## First steps at American College

Everybody working at the college has one goal: to make our new students feel at home. Please feel free to ask for any help you might need.

### Finding your way

American College has three buildings the Blue (B), the Red (R) and the Yellow (Y) building. Room numbers indicate the building and the floor where the room is located. For example the Office of Student Affairs can be found in room B101 (Blue building, 1<sup>st</sup> floor). Below you may find the room number or location of some of the important rooms and facilities:

Accommodation Office (Reception) .....	Blue Building 1 <sup>st</sup> Floor
Admissions Office .....	Blue Building 1 <sup>st</sup> Floor
Cafeteria .....	Red Building 3 <sup>rd</sup> Floor
Director of Administration .....	B106
Erasmus Institutional Coordinator .....	B106
Director of Admissions .....	B103
Gymnastic Centre .....	B310
International Students' Officer .....	B102
Library .....	Red Building 4 <sup>th</sup> Floor
Reception .....	Blue Building 1 <sup>st</sup> Floor

### College registration for Erasmus students

Once you arrive at the College you should go to the College reception and explain to one of the reception staff that you are an Erasmus student who has just arrived at the College. You will then be asked to see the Institutional Erasmus Coordinator (Director of Administration – Room B106) who will welcome you and take a digital photo for the College records, which will also be used for preparing your Student Identity Card. In addition, you will receive a welcoming pack, which contains information about college rules and regulations and other useful information about Cyprus.

### Registration into courses for Erasmus students

Dates when Erasmus students can register into courses are shown on the College Academic Calendar. Registration into courses usually begins two weeks before the commencement of classes. Registration after the commencement of classes (late registration) is also possible but not recommended. For registration into courses you will need to approach the College reception area, present your Learning Agreement and request to register into courses. Reception staff will arrange

for you to see one of the Erasmus Departmental Coordinators or the Institutional Erasmus Coordinator where you will register into courses and receive your Registration Form.

**\*\*** The courses you should register into are described on the Learning Agreement.

You should feel safe in the knowledge that the Erasmus Departmental Coordinator or the Institutional Erasmus Coordinator who will assist you in registering into courses, knows all the above and will provide you with the best assistance.

### **Buying your books**

At the first class meeting the tutors of the corresponding courses will provide you with all necessary details (place of purchase, price etc.) regarding the book(s) and other reading material you need for the course in question. Certain books can be purchased at the College, but most books can be purchased from nearby bookshops. Instructions on where to find these bookshops can be obtained at the reception area. Below you can find a list of bookshops, which are located within close proximity to the College:

#### **Phillipides (Paper Works)**

50 Kennedy Avenue, 1076 Lefkosia

Telephone: 22879222

Fax: 22666972

#### **Solonion Bookshop**

24 Vizantiou Street, Strovolos

Telephone: 22666799

Fax: 22666997

### **Student identity card**

All students have their photograph taken during their registration. Student identity cards can be collected from the College reception one week after registration into courses.

You are advised to carry your identity card with you at all times as you will often have to produce your identity card before being serviced by any department of the College. The identity card is also needed for using the library and the computer laboratories.

## **Important College Issues**

The American system of higher education may be different from the one you are used to. Many students are at first confused by expectations that may be very different from the education system in their own country. However, they soon adjust to the friendly atmosphere of the American College.

### **Affirmative action**

American College provides equal educational and employment opportunities, upon vacancy, regardless of sex, race, age, religion, national origin, marital/parental status, sexual orientation, or physical handicap. Students who feel they have been denied equal opportunity should bring their concerns to the office of the Director of Student Affairs.

## **How to be a successful student**

At the American College tutors expect their students to ask questions and use critical reasoning. They want students to respect their knowledge and opinions, but they usually prefer discussion and debate to respectful silence. Class participation is important. Silence may be understood as lack of interest or ability. Show respect by acknowledging the tutor's point of view and then offering your own.

Ask for help if you don't understand something. Tutors keep office hours for the purpose of helping students and it is considered normal to seek help or advice if you need it. The relationship between tutors and students is much less formal than in many countries, so don't be afraid to approach the teaching staff. Say you would like to see them to discuss a problem and request an appointment if they cannot see you immediately.

You will be given a book list for your course. You may be surprised by how long it is. Don't panic. You are not usually expected to read all the books on it from beginning to end. If you find it difficult to decide what the key reading materials are, ask your tutors.

In your writing, you will be expected to know when and how to 'paraphrase' or summarize another writer's ideas in your own words. You may find this difficult and be tempted to copy other people's work word for word. If you do this, you must acknowledge the source. Failure to do so is 'plagiarism' and is considered a serious offence in academic life. Borrowed words and ideas must be clearly documented.

It is a good idea to plan your time so that you avoid last minute panics over work to be submitted and also make time for rest and relaxation. Weekly or even monthly plans will help you meet your study targets without too much pressure.

You may find that studying at American College is quite different from colleges in your own country. It is important to remember that you are not alone and that, as long as you are willing to ask for help, you will find someone who is willing to help you. If you feel you need help with Study Skills, talk to your tutors. They will do their best to help you.

## **Codes of College Conduct**

### **Disorderly Conduct**

Any disorderly behaviour consisting of:

- unruly gatherings
- disruptive behaviour
- excessive noise
- public intoxication and other such behaviours, which are disruptive to the life of the

College community, will be duly punished.

### **Theft Any:**

- theft
- possession of stolen property, including College property (laboratory equipment, furniture, library books etc.) or peer students' property (books, cell phones, bikes etc.)

- destroying, damaging or defacing of College or peer students' property caught on camera or in person will be duly punished.

### **Dishonesty/Lying**

Any intentional provision of:

false information

- documents/records
- identification will be duly punished.

### **Internet use in computer labs** Any:

- use of Internet services for the purpose of transmitting or storing material that may be construed as obscene, libellous or defamatory
- sending of offensive, harassing or defamatory messages
- viewing, downloading, printing or chat room involvement of obscene, pornographic or inappropriate materials

caught on camera or in person will be duly punished.

- If you use a computer for recreation, you **MUST** give it up for someone who is waiting to use it for work purposes.

### **Substance and Alcohol Abuse**

If you are found in the possession or under the influence of alcohol or illegal drugs on College premises, disciplinary procedures will be actioned immediately.

### **Academic dishonesty**

Academic dishonesty consists of the following acts:

**Cheating** – Using or attempting to use unauthorized materials, information or study aids in any academic exercise. For example, using books or notes during closed-book examinations, or using examination answers or questions provided by other students, or electronic devices to provide notes or cheat papers, etc.

**Fabrication** – Unauthorized falsification or invention of any information or citation in an academic exercise. For example, changing collected data to meet the hypothesis, listing a research source that does not exist, listing a quote that does not exist, etc.

**Plagiarism** – Presenting the words or ideas of another person as one's own in any academic exercise. Examples include, but are not limited to, when a student:

- borrows the words, sentences, ideas, conclusions, and/or examples from a source (a book, an article, another student's paper, etc.) without appropriately acknowledging the source (without clear citing of the source);
- fails to use quotation marks appropriately;
- copies materials from a website and incorporates them into a piece of academic work without citation (also known as copy and paste);
- submits a piece of academic work which has been written by someone other than him/herself;
- submits a piece of academic work prepared in collaboration with another person without the knowledge and prior approval of the tutor (legitimate forms of collaboration, such as collaboration in group projects do not require any approval);

- buys a piece of academic work (papers, projects, essays, assignments, etc.); and □ aids another student in plagiarizing a piece of academic work as defined above.

**Interference** – Hindering the performance of another student.

**Multiple submissions** – Submitting the same written work for more than one course for a grade without the knowledge or permission of the faculty member involved.

**Complicity** – Failing to report incidents of academic dishonesty to the particular faculty member.

**Facilitating academic dishonesty** – Helping or attempting to help another student to violate academic honesty. Examples include, but are not limited to, giving any individual other than the faculty member your completed assignment, suggesting ways to cheat or plagiarize, sharing test answers or questions with other students. **How grades are calculated and what is a GPA**

### Grading system

Grades are calculated in percentages with letter equivalents as in the table below.

% Grade	Grade	Grade Meaning	Grade Points per Credit
90-100	A	Excellent	4.00
85-89	B+	Very Good	3.50
80-84	B	Good	3.00
75-79	C+	Above average	2.50
70-74	C	Average	2.00
65-69	D+	Below Average	1.50
60-64	D	Poor	1.00
Below 60	F	Failure	0.00
	W	Withdrawal	0.00
	I	Incomplete	0.00
	TR	Transfer Credits	0.00
	AU	Audit	0.00

- The grade of “**F**” does not earn any grade points. This grade is given for a course failed.
- The grade of “**W**” indicates withdrawal from the course.
- The grade of “**I**” means incomplete and is assigned by the tutor only when a student has maintained satisfactory performance in a course but was unable to complete a major portion of the assessment (e.g. mid-term examination, project, final examination) and the reasons given were acceptable to the tutor.
- The grade of “**TR**” refers to courses transferred from other colleges or universities. The number of credits attempted for such courses do not enter into the computation of the Cumulative Grade Point Average.
- The grade of “**AU**” refers to courses students registered on an Audit basis. Students who wish to expose themselves to the material taught in a course without receiving credit or being assessed



may choose to audit a course. Regular fees and registration procedures are required but the student is not assessed in any way, so no grades or credits are assigned. Students must designate their intent to register on an Audit basis at the time of registration.

### Grade Point Average

A **Student's Grade Point Average (GPA)** shows the average performance for the semester. It is determined by multiplying the number of credits of each course by the quality points earned for it and dividing by the total number of semester credits.

#### Example of a GPA calculation

Course	Letter Grade	Course Credits	x	Quality Points	=	Total Quality Points
CSC101 Introduction to Computing	B	6	x	3	=	9.00
CSC102 Computer Applications	A	6	x	4	=	12.00
ENG101 English Communication	C+	6	x	2.5	=	7.50
MGT101 Principles of Management	B+	6	x	3.5	=	10.50
MTH101 Mathematics	D	6	x	1	=	3.00
		<b>Total Credits = 30</b>		<b>Total Quality Points = 42.00</b>		

Total number of quality points (42) divided by the total number of ECTS credits (30) equals the Grade Point Average (GPA). In the above example  $GPA = 42/30 = 1.40$

Your Cumulative Grade Point Average (CGPA) is computed in the same way and includes all courses taken in all the semesters and sessions. The total record of a student's progress can be requested from the College reception in the form of a transcript.

### Transcript of Academic Record

Students may request a transcript of their academic record by completing and submitting a Transcript Request form to the College reception. All transcripts are signed and bear the official College seal. Transcripts are issued as follows:

During teaching or holiday weeks of a semester/session	All students enrolled in an ongoing semester/session are eligible to apply for a transcript.
Between the start of the final examinations of a semester/session and the date when grades are given out to students grades are being processed	No Transcript Request forms are accepted and no transcripts are issued to students who are/were enrolled in the semester/session for which grades are being processed.

During periods other than the above	Transcript Request forms are accepted and transcripts are issued to students with no outstanding financial obligations towards the College.
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## **Student Services and Activities**

### **Orientation**

Orientation is an important service administered to all new students during their first days at the College. New students are required to attend orientation seminars held during registration periods, whose main objective is to:

- a) Ease the students' way to college life by eliminating all obstacles that might interrupt their educational progress.
- b) Make students aware of and experience all on and off-campus opportunities for personal, social, cultural and intellectual development.

During the orientation seminars you are exposed to a variety of information relating to your studies and the College in general. You learn about the College structure and its operations and become acquainted with its officers and staff. Moreover, you are exposed to and thoroughly briefed on issues such as your rights and responsibilities and on matters such as academic regulations, assessment and grading. Orientation concludes with a tour of all College facilities.

### **Helping you with personal problems**

If something is troubling you, if you are feeling down, or even if you need to chat, the Office of Student Affairs is the place to go and seek advice. Here, we will try to help you, the best way we can. Always remember that each case is treated in the strictest confidence.

### **Erasmus student advisory service**

The International Office provides information, advice and confidential counseling to Erasmus students and their families. This office should be your "home away from home". If we don't know the answer to your question, we will find someone who does. If you have any problems or need information, phone 22661122.

### **Receiving your mail**

Your family and friends can write to you at your accommodation address or at the College's address. It is absolutely necessary to give them your postal code for letters to reach you more quickly. Make sure you check the students' pigeonholes situated on the fourth floor of the Blue Building. Lab assistants keep all mail for one month. Thereafter, the college bears no responsibility of lost mail. Don't forget to inform the college if you change your address.

The address of students, wishing to receive their mail through the students' pigeonholes, should read as follows:

Student's Name (Student Number)  
c/o American College 2 & 3  
Omirou Avenue  
Eleftheria Square  
P.O.Box 22425  
1521 Lefkosia - CYPRUS

### **Lost and found**

The Office of Student Affairs keeps all lost and found items delivered to its offices for one month. Thereafter, non-valuable items are thrown away and items of value are donated to charities and non-profit organizations. If you find or lose an item, please contact the Office of Student Affairs.

### **Notice Boards**

The College official notice board, where all announcements made by the College administration are made, can be found on the third floor of the Red Building. Students are advised to regularly read the announcements on this notice board. There are a number of unofficial notice boards that can be found in the College cafeteria (Yellow Building) and one in the fourth floor (Blue Building). Students can use the unofficial notice board to pin any announcement (buy/sell, roommates etc.).

### **Requesting a service**

The College administration staff is entirely devoted to serving the needs of students at American College. Some of the services they offer are the following:

- Transcripts
- Grade Reports
- Registration Letters
- Recommendation Letters
- Confirmation Letters for Tax, Government Subsidy, Army, Civil Service, Immigration and other purposes
- Attestation

All students requesting a service must approach the College reception and explain to a reception officer what their request is. They will then be asked to complete the relevant form and submit it to the reception along with the relevant fee, if any. To receive the above mentioned documents from the College reception, students must always show their student cards and receipts.

Students should allow 3 to 5 working days from the time of their request for its completion.

### **Students' Union**

American College Students' Union is an independent body elected by the students at the start of the Fall Semester. It is responsible for organizing numerous activities, trips, excursions etc. and it is highly recommended that you become an active member.

### **Clubs and organizations**

Classes and studying are just a part of life at American College. Students of American College have the opportunity to use special talents and interests by joining various extra curricular clubs and organizations. Participation in such clubs enhances the quality of College life and fosters respect for personal and cultural diversity. Active clubs of the College include:

- Multimedia Club
- Music Club
- Photography Club
- Cyprus Tour Club
- Dance Club
- Sports Club
- Basketball Club
- Chess Club

Feel free to join a club or start one of your own interests by informing the Office of Student Affairs.

### **Activities**

American College organises various activities though the year below are some of the activities that the students can participate in:

- Trip to Troodos □ Welcome Party
- Easter Party
- Cultural Festival
- Futsal Antiracist Tournament
- Movie Afternoon

## **CYPRUS AND ITS CITIES**

Cyprus, an island-republic in the Eastern Mediterranean, stands at the crossroads of three continents-Europe, Asia and Africa. Its history and culture are a living proof of its age-long function as a bridge between people and civilizations of Southeast Europe and the Middle East.

Today Cyprus is a modern state enjoying a democratic system of government with a president and a House of Representatives. Despite an invasion by neighboring Turkey in 1974, which still occupies about 37% of its territory, Cyprus has managed to develop its economy to such an extent that it now constitutes a significant regional financial hub. Students who wish to visit the occupied side of Cyprus should have their passport and valid student visas with them.

### **Nicosia**

Nicosia, which is better known by its medieval name of Lefkosia, has a population of about 280.300, by far the biggest city on the island. Lefkosia hosts the seat of government, the House of Representatives, the Supreme Court, the Archbishopric of the Greek Orthodox Church, Government services and foreign Embassies, High Commissions and Consulates.

Lefkosia has the unenviable legacy of being the last divided capital not only of Europe, but indeed the world, following the fall of the Berlin Wall in 1989 and the reconciliation of feuding factions in Beirut in the early 1990's.

### **Places of interest**

#### The Cyprus Museum

1 Museum Str. Tel:

22865854 Opening

Hours:

Tuesday, Wednesday, Thursday, Friday: 08:00 – 16:00

Saturday: 09:00 – 16:00

Sunday: 10:00-13:00

Monday: Closed

Entrance Ticket: €3.40 (Free entrance if you present your student ID card)

### Ethnological Museum

20 Patriarchou Gregoriou Str.

Tel: 22305316 Opening

Hours:

Tuesday, Wednesday, Thursday, Friday: 08:30 – 15:30

Saturday: 09:30-15:30

Monday and Sunday: Closed

Entrance Ticket: €1.70

### Museum of the History of the Cypriot Coinage

Faneromeni Square

Tel: 22128157

Opening Hours:

Monday to Sunday: 10:00-19:00

Free Entrance – Requires appointment

### **Lemesos**

The city of Lemesos (Limassol) is situated in a picturesque location on the shores of the Bay of Akrotiri in the narrow coastal plain, between the two ancient city kingdoms of Amathus to the east and Kourion to the west. It is within an hour's drive from the capital Lefkosia to the south, the port cities of Larnaca to the east and Pafos to the west and the main mountain resorts of the Troodos range.

Lemesos is today the island's second largest city with a population of approximately 201.600, the most important tourist and commercial center and the biggest port.

### **Places of interest**

#### Lemesos Medieval Fortress (Castle)

Near the old harbour

Tel: 25305419

Opening Hours:

Monday to Friday: 08:00 – 17:00

Saturday: 09:00 – 17:00

Sunday: 10:00 – 13:00

Entrance Ticket: €3.40

#### Lemesos District Archaeological Museum

Kaniggos and Vironos Str. Tel: 25305157

Opening Hours:

Monday, Tuesday, Wednesday, Thursday, Friday: 08:00 – 16:00

Saturday and Sunday: Closed

Entrance Fee: €1.70

#### Local Kourion Museum

Lemesos/Episkopi Village

Tel: 25932453 Opening

Hours:

Monday, Tuesday, Wednesday, Thursday, Friday: 08:00-15:30

Saturday and Sunday: Closed

Entrance Fee: €1.70

### **Larnaca**

The modern city of Larnaca is built on the shores of the bay of Larnaca in the southeast of the island, a few kilometers to the north of the ancient kingdom of Kition. It has a population of about 117.500 and ranks third in size among the island's settlements, after Lefkosia and Lemesos. Almost half of the inhabitants of the city are refugees, mainly from the neighboring Ammochostos district.

### **Places of interest**

#### Larnaca Municipal Cultural Center

Evropis Square – Seafront Promenade

Tel: 24658848 Opening Hours:

Daily: 09:00 – 13:00 & 15:00 – 18:00

Saturday, Sunday: 09:00 -13:00

Free Entrance

#### Agios Lazaros Church

Agios Lazaros Square

Tel: 24352498

Opening Hours:

Monday – Saturday: 08:00 – 12:30 & 14:30 – 17:30

Sunday: 06:00 - 12:00 & 15:30 – 17:00

Free Entrance

#### Larnaca Archaeological Museum

Kalogreon Square

Tel: 24304169

Opening Hours:

Monday - Friday: 08:00 – 16:00

Sunday, Monday: Closed

Entrance Fee: €1.70 Students free

### **Pafos**

The city of Pafos, with a population of 67.600, is situated on the southwest coast of the island. According to legend, it is the birthplace of the Greek Goddess of Love, Aphrodite. It was founded by King Kinyras in 1400 BC. The port of Pafos was built by Nicocles, the last king of Pafos, at the time of Alexander the Great. It became the capital of the island, replacing Salamis during the Hellenistic Period, as its masters, the Ptolemies, favoured a location closer to their capital, Alexandria. The

Romans retained Pafos as the seat of the Roman Governor. It was there that Apostle Paul converted the Roman Governor of the time, Sergius Paulus, to Christianity. The city contains many catacomb sites dating back to the early Christian period.

### **Places of interest**

#### Sanctuary of Aphrodite

Tel: 26432155

Kouklia Village

Opening Hours:

Daily: 08:30 – 17:00

Entrance Fee: €3.40

#### Pafos Roman Mosaics

Pafos Archaeological Park Tel:  
26306217

Opening Hours:

Monday - Sunday: 08:30 - 17:00

Entrance Fee: €3.40

#### Pafos Archeological Museum 43

Griva Digeni Str.

Tel: 26306215

Opening Hours:

Monday to Friday: 08:00 – 16:00

Saturday and Sunday: Closed

Entrance Fee: €1.70

#### Tombs of the Kings

Kato Paphos

Tel: 26940295

Opening Hours:

November - March: Daily: 08:00 – 17:00

April - May: Daily: 08:00 – 18:00

Entrance Fee: €1.70

## **LIFE IN CYPRUS**

### **Facing a different culture**

Coming to Cyprus as a foreign student will open a new chapter in your life. You will face different people, new surroundings, different food, a new culture. It is only natural then to feel out of place, to feel disoriented, confused and overwhelmed by the newness of sights, sounds, and behaviours. You are facing a “culture shock”. Do NOT panic! It is all part of the process of experiencing a new country at a new stage in your life. It is a step forward that will make you stronger and more

complete. In addition, the people of Cyprus are known for their friendliness, openness and hospitality. Be open, as well, and do not be afraid to approach them.

Primarily, what can be considered as the core reason for the occurrence of Culture Shock is when new students omit considering the factor of transferring themselves into a totally new nonmaterial culture. In turn, this situation also gives rise to the possibility of not being able to adapt to what is referred to as Cultural Diversity. In other words, people visit a different country and expect that their own ways of social function are the same as in their own countries and cultures, something that it is not true.

A non-material culture is in fact one of the areas which must be seriously considered and studied by new students prior to their visiting any new country, as well as upon their arrival. It includes important issues such as the following: the way of life in the new society, the way of thinking which exists in a new country regarding obeying the laws set by the state, the respect towards the peoples' own cultural beliefs and traditions (*e.g., in Cyprus one will find mostly a Hellenic-Orthodox Christian culture*). In addition one must become adapted to *social norms* (*e.g., common values amongst the people in what is considered as acceptable and unacceptable social behavior*), *social mores* (*e.g., most serious social norms such as criminal behavior against other people in society*), *values* (*life guiding principles which are strongly preserved by people as far as what is considered good and what is bad*), and overall a person's behavior towards the rest of the society. Moreover, one can understand better the society's non-material culture if he pursues a basic orientation of history. For example, in Cyprus one should know that the Hellenic culture exists for thousands of years, as well as the fact that since 1974 half of the island (36%) is under Turkish occupation due to the Turkish invasion, which occurred during the summer of the same year. Because of the Turkish invasion in 1974, there are 200,000 Greek Cypriot refugees living in the free part of Cyprus, as well as the fact that there are 1619 missing persons. In addition, in 2004, Cyprus became a full member of the European Union and thus it follows European laws and regulations regarding all areas in the free part of the island.

Aside from the above, new students should seek advising, support, and guidance from the College's experienced personnel in dealing with a variety of questions that might come up regarding their new place of living. In addition, as in all countries and societies, everyone should maintain a factor of cautiousness with their everyday life and socialization, and keep in mind that in the possibility that any type of problems come up, they should report these problems to the their advisors and personnel of the College for further assistance and guidance.

#### **Culture shock tips:**

- Face the change in a calm and positive attitude; you will quickly get accustomed
- Appreciate the new culture and learn as much as you can from it
- Talk to locals, make new friends and share your own culture with them
- Talk to the Director of Student Affairs about what you are facing. Maintain a factor of cautiousness with your everyday life and socialization, and keep in mind that in the possibility of any type of problems seek the counselling/guidance that we are here to provide you with

#### **Language**

Greek is the national language of the island. However, English is widely spoken everywhere.



## Currency

The euro (€) is the official currency of Cyprus. The euro is divided into 100 cents. The coins are issued in €2, €1, 50-cent, 20-cent, 10-cent, 5-cent, 2-cent, and 1-cent denominations. The euro banknotes are issued in €500, €200, €100, €50, €20, €10, €5. You may purchase euro from your local banks or from banks at airport upon your arrival in Cyprus.

## Government offices' opening hours

All government offices are open to the public Monday to Friday from 08:30 to 12:30 and Wednesdays from 8:30 to 12:30 and 15:00 to 17:30.

## Shopping and going round the city of Lefkosia

Lefkosia has all the advantages of a city without most of the problems. As the city center is very conveniently organized, you can find anything you need within a small area and without getting lost!

Opening hours for most shops in Cyprus are as follows:

June to September	Monday to Saturday	09:00 to 14:00 & 17:00 to 20:30
	Sunday	Varies
October to May	Monday to Saturday	09:00 to 13:00 & 14:30 to 19:00
	Sunday	Varies

Many of the large supermarkets are sometimes open for longer hours. You are advised to consult individual shops for weekend opening times.

There are small local "corner" shops in most areas, which stay open until late at night throughout Monday to Saturday every week. They sell a variety of basic ingredients but are often a little more expensive than supermarkets. Ask someone where there is one near your accommodation.

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Some of the biggest supermarkets in Lefkosia are listed below:

### **Debenhams Central Store** (500 m. from American College)

18 Kritis Street,  
1061 Lefkosia  
Telephone: 22758801

### **Alpha Mega Supermarket**

3 Nicou Kranidioti Street,  
Engomi, 2433 Lefkosia  
Telephone: 22793700

### **Athienitis Supermarket**

26 Kennedy Avenue, 1046 Lefkosia

Telephone: 22877909

**Carrefour Supermaket** (The Mall of Cyprus)

190 Lefkosia,  
2236 Latsia, Lefkosia  
Telephone: 22570970

**LIDL Supermarket**

79 & 81 John Kennedy  
Paliourotissa, Lefkosia  
Telephone: 80094404

It is advisable to call your preferred supermarket and ask for its opening hours as opening hours of different supermarkets vary.

**Makarios Avenue**

A long Avenue with one end near the Hilton Hotel and the other near Eleftheria Square. This is the main shopping street of the capital. It is most popular with shoppers of all ages, local and foreign, as it includes three shopping centers (Galaxias, City Plaza and Capital Center), a large department store (Debenhams) and it also incorporates outdoor cafés along its length. The range is diverse and prices vary accordingly. There is an interesting mix of High Street names (Topshop, River Island and Mango among others) as well as more exclusive boutiques such as Betty Barclay, Tiffany and Escada. Here you will also find branches of United Colors of Benetton and Marks and Spencer. If you follow Makarios Avenue to its end, you will find some designer shops for men. Turn right to go to Eleftheria Square, which leads to the center of the city.

**Themistokli Dervi and Evagorou Streets**

You will get to Evagorou Street by turning left at the end of Makarios Avenue. It is an extension of Makarios Avenue and it includes sports and leather good shops, as well as a croissanterie. Sportswear is also available in shops on Themistokli Dervi Street, which you will reach by turning left at the first traffic lights on Evagorou Street. There are also various attractive boutiques.

**Ledra and Onassagorou Streets**

These are parallel streets in the old, pedestrianized part of Lefkosia near Eleftheria Square. An interesting ramble will lead you past ice cream parlours and cafés, shops selling textiles and leather goods, as well as some jewellers and small shops specializing in arts and crafts. The multistory Debenhams department store on Ledra Street will give you the opportunity to enjoy spectacular views from its cafeteria, as well as to discover more about Lefkosia and its history in the Museum-Observatory on the 11<sup>th</sup> floor.

**Laiki Yitonia**

Close to Ledra and Onassagorou Streets there is a charming quarter, which was restored by the Municipality of Lefkosia in 1983 and is quite popular with tourists. The visitor can stroll along narrow streets, go past restored traditional houses of the 19<sup>th</sup> and early 20<sup>th</sup> centuries, or even watch craftsmen at work. There is a plethora of cafés, restaurants, taverns, small craft and souvenir shops in that part of the city, a part translated as "Folk Neighborhood".

### **Open market**

A colorful, open-air market takes place every Wednesday in Eleftherios Venizelos Square, otherwise known as the "OHI" Square. It can be reached by following the Walls of Lefkosia past the Town Hall and the Post Office, away from Eleftheria Square.

### **Sales periods**

There are two sales periods in Cyprus, a summer sale that begins in the middle of July till August, and a winter sale, which begins the second week of January.

### **V.A.T.**

Cyprus has a V.A.T. (Valued Added Tax) of 19% on almost all items that you purchase (except food staffs). All shops include the V.A.T. in the displayed price.

### **Eating Out**

Studying and going to classes is only a part of your life. In Lefkosia, there are many restaurants, serving a wide range of international food. Eating out can in some cases be a bit expensive, but there are nice cheap restaurants all around the town. Apart from restaurants serving local cuisine, there are many Indian, Chinese, African, American and Italian restaurants.

### **Clubs, bars and pubs in Nicosia**

Clubs are a very popular place for students especially during Friday and Saturday nights. Pubs are more traditional, offering a range of alcoholic and non-alcoholic drinks. Many pubs serve good cheap food. When going to a pub or a bar, not only in Nicosia but also in the other towns in Cyprus, it is better to order your drink and pay immediately rather than at the end of the evening.

### **Cinemas in Nicosia**

Going to the cinema is a fun and cheap way to spend your evening. At all cinemas you can watch all the latest American movies at either about 19:30 or at the later show at 22:00. The cinema ticket is about €7. Film premiers run on Fridays. Films are in English with Greek subtitles. For the detailed program of each cinema it is a good idea to call the cinemas or check one of the local daily newspapers.

### **Banking facilities**

Bank branches of all major banks in Cyprus are in close proximity to the College and are open to the public during the following hours:

Monday to Friday 08:30 to 14:30

Banks are closed weekends and Public Holidays. ATM's (Automatic Teller Machines) are available 24 hours a day.

Below you can find a list of the bank branches that are located near American College:

**Bank of Cyprus**

Eleftheria Square  
 P.O. Box 21472, 1599 Lefkosia  
 Telephone: 22125750

**Hellenic Bank**

1 Leoforos Evagorou, Eleftheria Square  
 P.O. Box 21022, 1595 Lefkosia  
 Telephone: 22501000

**National Bank of Greece (Cyprus)**

Corner Stasinou & Bouboulinas Street  
 P.O.Box 21330,  
 1506 Nicosia  
 Telephone: 22674640

In case you need assistance as to obtaining your banking facilities in Lefkosia, the Office of Student Affairs will do its best to help you.

**Credit cards**

If you possess any of the following international credit cards you may withdraw cash from one or more of the local banks as follows:

	<b>Visa Card</b>	<b>Diners Club, Carte Blanche</b>	<b>Eurocard Master Card</b>	<b>American Express</b>
Bank of Cyprus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hellenic Bank	<input type="checkbox"/>		<input type="checkbox"/>	
Alpha Bank	<input type="checkbox"/>		<input type="checkbox"/>	
National Bank	<input type="checkbox"/>		<input type="checkbox"/>	

More than 10.000 shops, restaurants and hotels accept at least one of the above Credit Cards. Usually the card symbol accepted by a shop is displayed on the shop window or at the reception. Euro-cheques and traveller's cheques are also accepted by all banks, shops, restaurants etc. (international students need to produce their passport).

**Lost Credit Cards**

In case you loose your credit card, you can call JCC Payment Systems Ltd, at 22868100 and at the same time contact your bank to report the lost card.

For further information regarding credit cards you may contact:

**JCC Payment Systems Ltd**

16 Stasikratous Street, Paloma Court  
 P.O.Box 21043, 1500 Lefkosia  
 Tel: 22868100 (24 hours service)  
 Fax: 22868591

## Transportation information

### Distance between major cities

	Lefkosia Km	Lemesos Km	Pafos Km	Larnaca Km	Troodos Km	Agia Napa Km	Paralimni Km	Polis Km	Larnaca Air. Km
Lefkosia	-	82	150	44	78	80	85	185	49
Lemesos	82	-	68	66	46	107	111	103	70
Pafos	150	68	-	134	114	175	178	35	139
Larnaca	44	66	134	-	112	41	44	169	5
Troodos	78	46	114	112	-	158	149	149	116
Agia Napa	80	107	175	41	158	-	5	219	46
Paralimni	85	111	178	44	149	5	-	219	48
Polis	185	103	35	169	149	219	219	-	174
Larnaca Air.	49	70	139	5	116	46	48	174	-

### Buses

Buses are a convenient and inexpensive means of transportation coming from all areas right into the city center at Solomou square, which is just a couple of minutes walk from American College. The bus service operates every day from 5:30 to 19:15. Buses run every 25 to 30 minutes and the bus fare is €1.00 (€0.50 for students) or you can purchase a monthly ticket for €30 (€15 for students). (For more information you may visit <http://www.osel.com.cy>).

### Taxis

The government sets the charges for the inner city taxi service. Taxis are usually available a few minutes after you call. Between 06:00 and 20:30 the standard tariff of €3.25 is charged as soon as you enter the taxi and for each additional kilometre there is an additional charge of €0.42. Between 20:30 and 05:00 the standard tariff is €3.75, which is charged as soon as you enter the taxi and for each additional kilometre there is an additional charge of €0.53.

Travelling from one city to another will cost you approximately as follows:

	<u>Day</u>	<u>Night</u>
Nicosia to Larnaca	€45	€50
Nicosia to Limassol	€65	€75
Nicosia to Pafos (City Center)	€100	€120
Nicosia to Ayia Napa/Paralimni	€70	€80

### **Service taxis (Shared)**

Nicosia to Larnaca	€08.50
Nicosia to Larnaca (Airport)	€11:00
Nicosia to Limassol	€11:00
Nicosia to Pafos (via Lemesos)	€20:50
Limassol to Pafos	€09.50
Larnaca – Paralimni- Ayia Napa - Protaras	€08.50

The telephone number of the major taxi company providing this service is shown below:

Travel & Express                      77777474

### **Car rental**

The fees for car rental vary according to the type of car, the season of the year and the length of time for which a car is hired. Usually rental fees include unlimited mileage, maintenance and oil changes. In order to rent a car you need to be a holder of a driving license and be over the age of 21. Below you can find the telephone numbers of some car rental companies:

Astra	22775800
Hertz	77777411
Avis	22713333

### **Motorcycles/Mopeds**

Motorcycles are a very common mode of transportation for students. New motorcycles cost from €598 to €1708 or you can buy a good second hand one for about €342 to €427. Motorcycles should be registered and licensed with the Cyprus Motor and Vehicle Authorities and you must ensure that your motorcycle/moped is insured.

### **Driving in Cyprus**

The Cyprus relevant law requires:

- the use of safety belts in the front as well as in the back seats,
- that both the motorcyclist and passengers always wear helmets when driving and □ that drivers are familiar with the Cyprus highway traffic code.

It is also important to know that:

- in Cyprus we drive on the left

### **Launderettes and dry cleaning**

Launderettes are available for washing and drying ones clothes. These are usually coin operated. Washing of up to 8 Kilograms of clothing costs €3.00 and drying costs €2.00. Two locations offering self-service launderette services are given below:

#### **Self Service Laundry No1**

Lykourgou Street

#### **Self Service Laundry No2**

Arsinoes Str. ( Near Solomos Square)

(Opposite Mc Donalds, in Ledra Str.)  
Lefkosia  
Tel: 99592764

Lefkosia  
Tel: 99592764

### **Self Service Laundry No3**

Trikoupi Street  
(Opposite the Mosque)  
Lefkosia  
Tel: 99592764

### **Miliotis**

31 Fokionos Street  
1010 Lefkosia  
Tel: 22663405

Dry cleaning usually takes two days. Dry cleaners are located in the central part of each town, and they can be traced through the yellow pages of the Cyprus Telephone Directory or by visiting the website: [www.cytayellowpages.com.cy](http://www.cytayellowpages.com.cy)

## **Electric current - Voltage**

The electricity supply in Cyprus is 240 volts, a.c. 50Hz. Sockets are usually 13 amp, square **3** pin (UK type plugs).

More than one low current rating appliance (i.e. radios, electric clocks etc.) may be operated from the same supply point, by using an adapter. The use of adapters for operating high current rating appliances (i.e. electric heaters, toasters, irons etc.) is not recommended. Adapters can be purchased from electrical stores, supermarkets, grocery shops, etc. at approximately €2.56.

## **Emergency telephone numbers**

In case of emergency, the following telephone numbers give immediate response:

Ambulance .....	122 or 199
AIDS Advisory Center .....	22305155
Medical Help .....	112 or 199
Narcotics/Poison Emergency Service .....	1401
Police .....	112 or 199

Private Doctors on call (Nicosia) .....	90901422
Private Doctors on call (Larnaca) .....	90901424
Private Doctors on call (Limassol) .....	90901425
Private Doctors on call (Pafos) .....	90901426
Private Doctors on call (Famagusta) .....	90901423

## **Hospitals**

Nicosia Old General Hospital .....	22801400
Nicosia New General Hospital .....	22603000
Limassol General Hospital .....	25801100
Larnaca General Hospital .....	24800500
Pafos General Hospital .....	26803100
Paralimni Hospital .....	23821211

Makarios Hospital.....22405000

### **Useful telephone numbers**

Foreign information..... 11894  
CYTA Call Center .....132  
CYTANET ..... 8000808  
Telephone Faults ..... 8000197  
Telephone Directory Enquiries ..... 11892  
Electricity Authority ..... 90901420  
Electricity Fault ..... 1800  
Water Board ..... 22698000  
Post Office Lefkosia ..... 22805719  
Speaking clock ..... 1895  
Larnaca Airport ..... 77778833  
Immigration ..... 22802334

### **Bookshops**

Solonion Bookshop ..... 22666799  
A – Z Bookshop ..... 22428384  
Agrotis Bookshop ..... 22314770/1  
Pergamos Bookshop..... 22676343  
Phillipides Bookshop ..... 22879222

### **Furniture Hiring**

Kyprianou Furniture Rental ..... 22774774  
Assiotis Radio ..... 22436229  
Ataliotis Furnihire ..... 22351444  
Ioannides ..... 22753471

## **Useful web sites about Cyprus**

- [www.visitcyprus.org.cy](http://www.visitcyprus.org.cy)
- [www.CyprusNet.com](http://www.CyprusNet.com)
- [www.onlinenewspapers.com](http://www.onlinenewspapers.com)

By visiting the above web sites you will find up-to-date information on the following: □

Cyprus facts & news

- Sport
- Art and Culture
- Stock-market
- Weather
- Entertainment (TV, Cinema, Clubs, Restaurants etc.)
- Fashion and Beauty
- Horoscopes □ Book Reviews and much more.



## Health and safety

In Cyprus the safety of food and drinking water quality is monitored by the Health Inspectors of the Cyprus Ministry of Health and the Local Authorities. Food and drinking water are of high quality, absolutely safe and no food or water-borne diseases occur. Cyprus is also free from dangerous infectious diseases. There are no vaccination requirements for any international travellers.

## Medical care

Should you require any medical assistance, please contact a member of the Office of Student Affairs for further advice.

## Pharmacies

There are many pharmacies within walking distance from the College and these are open daily. All through the week there are always pharmacies on call which remain open until 11.00 p.m. The names, addresses and telephone numbers of these pharmacies are usually posted on the doors of all pharmacies. Pharmacies' contact details can also be found by dialing the numbers listed below, or by checking any of the local daily newspapers. Below you may find pharmacies' normal opening hours:

May to September:	Monday to Friday (except Wednesday)	08:00 to 13:30 & 16:30 to 19:30
	Wednesday & Saturday	08:00 to 13:30

October to May:	Monday to Friday (except Wednesday)	08:00 to 13:30 & 15:00 to 18:30
	Wednesday & Saturday	08:00 to 13:30

To find which pharmacies are on call (open beyond normal opening hours) dial the following numbers:

Pharmacies on call in Lefkosia .....	90901402
Pharmacies on call in Ammochostos .....	90901403
Pharmacies on call in Larnaca .....	90901404
Pharmacies on call in Lemesos .....	90901405
Pharmacies on call in Pafos .....	90901406
On Call Pharmacies .....	90901402

## Cyprus Consumers' Association

The Cyprus Consumers' Association is a member of CI (Consumers International).

As an independent non profit organization, the Association strives to safeguard the consumers' rights and it provides the following:

- Information on Cyprus Consumer Protection Laws
- Information on Consumer Rights and Responsibilities
- Advice on Complaint Procedures for faulty, damaged or unsatisfactory products and/or services
- Reading Library on Consumer Publications such as WHICH (U.K), Consumer Reports (U.S.A) and Consumer Choice (Ireland)

- Consumer Related Services

The Cyprus Consumer Association issues its own publication called “Katanalotis” (in Greek, with a briefing on current events in English).

Address: 28 William Gladstonos Avenue, P.O.Box 24874, 1304 Lefkosia.

Telephone: 22516112

Fax: 22516118

## Living expenses

You will find the cost of living in Cyprus very reasonable, compared to other European countries. Below we have included a variety of every day items, which will give you an indication of your daily shopping basket.

	€
Bread .....	1.75
Milk .....	1.65
Yogurt .....	1.91
Cheese (slices) .....	2.80
Fruit (per kilo) .....	1.90
Meat (pork – per kilo) .....	4.50
Meat (beef – per kilo) .....	6.99
Chicken (per kilo) .....	3.65
Eggs (packet of six) .....	1.60
Potatoes (per kilo) .....	0.77
Rice (per packet) .....	1.65

## Cooking

You may find at first that Cypriot food is rather different from what you are used to. The advantage, however, is that in Cyprus you can find a wide variety of foods. In Lefkosia, there is a large indoor market, selling fresh meat, fish and vegetables. By visiting large supermarkets you should be able to find the food you like at reasonable prices. Also, in large supermarkets you may find specialized food, such as Indian and Chinese. So, wherever you come from, you should be able to find the food you like.

For some more specialized kinds of food such as halal meat, different kinds of spices, Asian and Chinese ingredients, the best place would probably be Debenhams stores.

## Religion – Places of worship

### Greek Orthodox Churches

These can be found throughout the island.

Masses	Winter:	Saturday	16:30 - 17:30
		Sunday	07:00 - 10:00

Summer: Saturday 18:30 - 19:30

Sunday 06:15 - 09:15

### **Roman Catholic Church (Holy Cross)**

There is one near the College at Pafos Gate, which can be reached by calling at: 22662132.

Masses	English:	Monday to Saturday (except Tuesday)	18:30
		Sunday	08:00, 09:30, 18:30
	Greek:	Tuesday	07:30

The service is available as follows:

2<sup>nd</sup> Sunday of each month - Philipinos

3<sup>rd</sup> Sunday of each month - Indians

4<sup>th</sup> Sunday of each month - Sri Lankans

### **Omeriye Mosque**

Prayer Friday 13:00 - 14:00

## **Public holidays**

### **Public holidays with fixed dates**

1 January	New Year's Day
6 January	Epiphany Day
25 March	Greek National Day
1 April	Greek Cypriot National Day
1 May	Labour Day
15 August	Assumption
1 October	Cyprus Independence Day
28 October	Greek National Day (Ochi Day)
24 December	Christmas Eve
25 December	Christmas Day
26 December	Boxing Day

### **Public holidays with variable dates**

Beside public holidays with fixed dates every year, we also have holidays with a varying date. Below you can find all public holidays with variable dates for the calendar year 2017:

	<b>2017</b>
Green Monday	27/02
Good Friday	14/04
Easter Sunday	16/04
Easter Monday	17/04
Monday of Pentecost (Kataklysmos)	05/06

Note that the College administration is closed on all Public holidays, except on the 24 December (Christmas Eve). Moreover, the College administration is closed on Easter Tuesday (the day following Easter Monday).

## Express courier companies

Below you may find the telephone numbers of the major courier service companies in Cyprus:

A.C.S .....	22762062
D.H.L. ....	77777345
Federal Express .....	22710100
K.C.A Express .....	22756030, 22768036
T.N.T. Express Worldwide Ltd .....	22763464
U.P.S. - United Parcel Service .....	77777200

## Mailing and sending faxes

The address, telephone number and opening hours of the main post offices in Lefkosia are shown below:

### **Eleftheria Square Post Office** (300 meters from American College)

Constandinou Paleologou Street  
Eleftheria Square  
Lefkosia  
Telephone: 22805719

### **Prodromou Post Office**

Prodromou Street  
Lefkosia  
Telephone: 22805800

Below you may find the opening hours of the above main post offices:

January to June and September to December

Monday to Friday	07:30 – 13:30 15:00 – 17:30 (except Wednesday)
Saturday	08:30 – 10:30

July to August

Monday to Friday	07:30 – 13:00 15:00 – 17:00 (except Wednesday)
Saturday	09:00 – 11:00

Below you can find the opening hours of regional post offices in Cyprus:

Opening hours: Monday to Friday 07:30 to 14:30  
 15:00 to 18:00 (except July and August)

Below are mailing costs for letter mail within Cyprus and air letter mail to other countries. The costs vary by letter weight and destination country.

**Charges for mail within Cyprus**

Weight up to	Letters and Postcards	Printed Papers and Small Packets
gr.	€	€
20	0.34	0.22
100	0.43	0.26
250	0.51	0.43
500	0.85	0.60
1000	1.20	0.85
2000	1.71	1.20
3000	.....	1.54
4000	.....	2.14
5000	.....	2.56

**Charges for air letter mail to other countries**

Weight up to	Air letters and Postcards	Letters, Printed Papers and Small Packets
gr.	€	€
20	0.43	0.51-0.68
50		0.85-1.28
100		1.71-2.56
150		2.56-3.42
200		3.42-4.27
250		4.27-5.13
350		5.13-6.83
500		6.83-10.25
1000		13.67-17.09
2000		20.50-23.92
3000	27.34-30.75	
4000	34.17-37.59	
5000	41.01-44.42	

\* the exact cost depends on the destination country

Faxes are often a cheap solution. Fax services are available at a reasonable price, depending on the country where you wish to send your fax. You can send faxes from TCS copy center on the ground floor of the College.

**Telecommunications**

Telecommunications in Cyprus are provided by the Cyprus Telecommunications Authority (CYTA), which is a Corporate Body responsible for the provision of telecommunication services both nationally and internationally. For details (beyond those found below) regarding all telephone services, you can visit the CYTA web page [www.cyta.com.cy](http://www.cyta.com.cy) or a CYTA customer service center at one of the addresses shown below: □ 14B Strovolos Avenue, 2011 Strovolos □ 5 Naxou Street, 1070 Lefkosia.

### Telephone service

Today a subscriber can access automatically from Cyprus subscribers in practically every country in the world through telephone and fax. For telephone inquiries regarding subscribers in Cyprus dial 11892, whereas for foreign subscribers, dial 11894.

### Telephone connection

Students who wish to get a telephone line installed at their homes can visit one of CYTA's customer service offices between 07:30 and 17:15 daily except Wednesday and Saturday afternoons (Sundays are closed). Students will need to have an identification card or passport with them. International students will also be required to pay a deposit of €171.

### Public card phones and payphones

Telecard or coin operated public telephones are installed at various central locations in all towns and villages, as well as at the international airports, Harbors, Marinas and other locations. Telecards of €5, €9 and €17 denominations may be purchased from the College cafeteria, banks, post offices, souvenir shops, and kiosks and from CYTA's area offices in all cities. Two telecard phones are available in the College cafeteria. Coin operated telephones are also available. All public card phones and payphones may be used for national and international calls. Dialing instructions, international codes and charges are usually available in all public telephones.

### Mobile phones

Usually, when most students have settled down they will buy a mobile phone. This is the cheapest and best solution. Students turn to prepaid mobile telephony, as the deposit required for an "ordinary" home line is €171. You can join the **soeasy** prepaid mobile telephony where no deposit is needed. Soeasy works about the same way as a car. You can drive it as long as there is fuel in it. To recharge or top up your soeasy account you just buy a new re-charge card that is available in three different values €5, €10, €20. By buying the €20 re-charge card you receive a bonus of €2 and the €35 card a bonus of €6.

## The weather in Cyprus

### Average temperature

Months	Inland Areas		Coastal Areas		Hilly Areas	
	Mean Max Temperature C <sup>0</sup>	Mean Min Temperature C <sup>0</sup>	Mean Max Temperature C <sup>0</sup>	Mean Min Temperature C <sup>0</sup>	Mean Max Temperature C <sup>0</sup>	Mean Min Temperature C <sup>0</sup>
January	15,5	5,8	16,9	7,9	9,7	3,1
February	15,9	5,8	16,9	7,8	9,7	2,7
March	19,0	7,3	19,0	9,0	12,9	5,1
April	24,8	11,3	23,2	12,6	18,4	9,6
May	29,4	5,0	26,4	15,6	22,6	13,0
June	33,6	9,1	30,0	19,1	26,7	16,8

<b>July</b>	36,6	22,3	32,3	21,4	29,7	20,0
<b>August</b>	36,6	22,0	32,8	21,5	29,8	19,7
<b>September</b>	33,9	9,3	31,1	19,6	27,5	17,2
<b>October</b>	27,8	5,0	27,4	16,4	21,6	12,4
<b>November</b>	21,0	0,3	22,1	12,1	15,5	7,8
<b>December</b>	17,3	7,2	18,7	9,5	11,4	4,5

### What to wear and when

Below you may find general information and suggestions on what to wear and do, according to the season.

**September - October:** Warm days, cool October evenings.

- Light weight clothing for the day and medium-weight for the evenings in October. ☐ Swimming and water-sports are still at their best.

**November:** Pleasantly warm days.

- Medium-weight clothing. Light woollies or sweatshirts.
- Picnics in the open-air are still a delight.
- Sunbathing and even swimming can still be enjoyed, as well as most outdoor sports.

**December - January:** Wintertime.

Cold days and nights, with occasional rain, yet the promise of glorious sunshine is still there.

- Winter clothing but not too heavy coats!
- Outdoor activities and excursions can be enjoyed.

**February:** The possibility of exceptionally warm days. Almond trees are in blossom, there might be occasional rain but relatively mild daytime temperatures.

- Winter clothing.
- Conditions are ideal for snow skiing on Troodos Mountain.

**March:** Mild weather with nature at its best.

- Winter clothing with medium-weight wear.
- Most outdoor activities can be enjoyed.
- March is an excellent period for long country walks.

**April - May:** Days are pleasantly warm, but temperatures may fall a bit at night.

- Medium-weight and summer clothing - light woollies or long sleeved cotton for the evenings.
- Excellent season for those who enjoy nature. The countryside is green and the flowers are in blossom.

**June - July - August:** Warmest months.

- Very light weight summer clothing.
- Ideal for swimming and all beach/water activities.

## **EMBASSIES / HIGH COMMISSIONS AND CONSULATES IN CYPRUS**

### **BANGLADESH CONSULATE GENERAL**

96-102 Zenonos Kitieos Street, P.O. Box 40189, 6022 Larnaca  
Tel: 24659200, Fax: 24659203

### **BRITISH HIGH COMMISSION**

1 Alexandrou Palli Street, P.O. Box 21978, 1587 Lefkosia  
Tel: 22861100, Fax: 22861125

### **CANADA CONSULATE**

1 Lambousas Street, P.O. Box 22125, 1095 Lefkosia  
Tel: 22775508, Fax: 22779905

### **EMBASSY OF THE PEOPLE'S REPUBLIC OF CHINA**

28 Archimidous Street, P.O. Box 24531, 2411 Engomi  
Tel: 22352182/3/4, Fax: 22353530

### **EUROPEAN UNION**

2 Agapinoros Street, Flat 800, 1076 Lefkosia  
Tel: 22817770

### **EMBASSY OF FRANCE**

14-16 Saktouri Street, 2nd floor, Agioi Omologites, P.O. Box 21671, 1512 Lefkosia  
Tel.: 22585300, Fax: 22585350

### **EMBASSY OF THE FEDERAL REPUBLIC OF GERMANY**

10 Nikitara Street, 1080 Lefkosia, P.O. Box 25705, 1080 Lefkosia  
Tel: 22451145, Fax: 22665694

### **GHANA CONSULATE**

19 Kampou Street, 2030 Strovolos  
Tel: 22482265, Fax: 22481757

### **EMBASSY OF GREECE**

8-10 Byron Avenue, P.O. Box 21799, 1096 Lefkosia  
Tel: 22445050, Fax: 22680649

### **HIGH COMMISSION OF INDIA**

3 Indira Ghandi Street, Montparnasse Hill, P.O. Box 25544, 2413 Engomi, Lefkosia  
Tel: 22351741, Fax: 22350402

### **EMBASSY OF THE ISLAMIC REPUBLIC OF IRAN**

12 Elia Papakyriakou, 2003 Strovolos  
Tel.: 22314459, 22315896, Fax: 22315446



**EMBASSY OF ISRAEL**

4 Ioannis Gryparis St, Lefkosia, P.O.Box 25159, 1090 Lefkosia  
Tel.: 22369500, Fax: 22 663408

**EMBASSY OF ITALY**

25<sup>th</sup> Martiou Street, No 11, 2408 Engomi  
Tel: 22357635/6, Fax: 22358112

**JORDAN CONSULATE**

9 Demitsanis Street, Galeria Bulding, Flat 101, P.O. Box 24862, 1304 Lefkosia  
Tel: 22458299, Fax: 22761671

**LATVIA CONSULATE GENERAL**

3, Thalia Street, P.O.Box. 53253, 3301 Lemesos  
Tel.: 25840300, 25352072, Fax: 25569285

**EMBASSY OF LEBANON**

6 Chiou Street, Ayios Dhometios, P.O.Box 21924, 2373 Lefkosia  
Tel: 22 878282, Fax: 357 22 878293

**LITHUANIA CONSULATE**

81-83 Griva Digeni Avenue, P.O. Box 25674, 1080 Lefkosia  
Tel: 22662123, 22666555, Fax: 22662552

**MOROCCO CONSULATE**

P.O.Box 40173, 6301 Larnaca  
Tel.: 77777220, Fax: 24624554/24653103

**PALESTINE CYPRUS REPRESENTATION**

31, Yianni Psichari Street, Ayios Andreas, P.O.Box 24669, 1107 Lefkosia  
Tel.: 22315010, Fax: 22311297

**PHILIPPINES CONSULATE**

2 Vasileos Constantinou Street, Flat 102 1105 Lefkosia  
Tel.: 22459585, Fax: 22459586

**EMBASSY PORTUGAL**

9 Archbishop Makarios Avenue III, 1065 Larnaca  
Tel.: 22375131, Fax: 22756456

**EMBASSY OF THE RUSSIAN FEDERATION**

Corner of Ayios Prokopios & Arch. Makarios III Street, 2406 Engomi  
P.O. Box 21845, 1514 Lefkosia  
Tel: 22774622, Fax: 22774854

**EMBASSY OF SPAIN**

32 Strovolos Avenue, 2018 Lefkosia

Tel.: 22450410/2, Fax: 22491291

**SRI LANKA CONSULATE**

15 Alasias Street, P.O. Box 50278, 3602 Lemesos

Tel.: 25372555, Fax: 25372472

**EMBASSY OF THE SYRIAN ARAB REPUBLIC**

24 Nikodimou Milona Street, 1071 Lefkosia

Tel: 22817304, Fax: 22756963

**EMBASSY OF SERBIA**

2 Vasilissis Olgas Street, 1101 Lefkosia.

Tel: 22777511, Fax: 22775910

**EMBASSY OF UNITED STATES OF AMERICA**

Ploutarchou Street, 2406 Engomi, Lefkosia

Tel: 22393939, Fax: 22780944